Help us find out what results of treatment for type 2 diabetes are most important

When new treatments are developed, and tested, researchers look at the effect those new treatments have on patients by measuring an "outcome".

At the moment, different studies often measure different outcomes which makes it more difficult to compare and combine the results. We can't measure everything all the time, and some things may just be measured in some studies, but what the SCORE-IT study wants to find out is what outcomes are so important that they should always be measured.

The SCORE-IT study needs your help to agree a set of core outcomes that should be measured in all studies of glucose lowering treatments for patients with type 2 diabetes.

Sounds interesting, what do I need to do?

We want people living with type 2 diabetes, their carers and health professionals to complete two online surveys.

- In the first survey we will show you a list of outcomes that have been used before, in research studies. We will ask you to score each one on how important it is to measure it in all future research of glucose lowering treatments for type 2 diabetes. The first survey will take about 20-30 minutes to complete.

- The second survey will be sent to you by email a few weeks after the first one ends. In this survey you will be shown the results from different groups of people and asked to score each outcome again. The second survey is similar to the first but may take you a little longer to complete as you consider the results of others.

You will not be identified in the survey response or in publications/reports of the SCORE-IT study.

What happens after the survey?

At the end of the second survey, after completing it in full, we will ask you if you are interested in attending a final face to face meeting to discuss the results of the survey and agree the core outcome set.

If you are interested we will send you details of the meeting including information on what to expect on the day. You can then decide if you would like to take part in the final meeting.

Why are we doing this?

If all future studies of glucose lowering treatments for people with type 2 diabetes use the same core set of agreed outcomes it may help new treatments become available more quickly and make it easier to compare different treatments. However, it is essential that outcomes chosen as “core” are the ones that are important to everyone, people with type 2 diabetes, their carers, health professionals and researchers.

Ready to find out more?

To get started click the link below or type in the link address to your browser.

www.scoreit.org.uk

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If you have any questions and would like more information about the SCORE-IT study please contact Nicola Harman: n.harman@liv.ac.uk